



IOWA CARDIOVASCULAR SUMMIT

Advances in Cardiovascular Medicine

OCTOBER 8-9, 2026

OCTOBER 8: 1 - 5 PM

OCTOBER 9: 8 AM - 5 PM

**GRADUATE IOWA CITY
210 SOUTH DUBUQUE STREET
IOWA CITY, IOWA**

IOWA
HEALTH CARE

OVERVIEW

Updates and topics on changes to guidelines for advanced therapy in heart failure, cardiology, electrophysiology and surgical cardiac therapies

TARGET AUDIENCE

Specialties – Cardiovascular Disease

Professions – Fellow, Nurse, Nurse Practitioner, Pharmacist, Physician, Resident

OBJECTIVES

- Discuss multidisciplinary management in advanced heart failure
- Review guidelines to medical management for heart failure
- Identify emerging devices for treatment of heart failure
- Identify best methods for treatment of atrial arrhythmias
- Review valvular heart disease and examine therapies for treatment of valvular cardiomyopathy
- Explain the role of CRT and CCM in cardiomyopathy
- Define how palliative care is important for heart failure patients
- Identify surgical strategies in advance heart failure
- Identify early recognition and review management of infiltrative cardiomyopathies
- Explain management of cryptogenic stroke, ASD closure and PFO closure
- Review imaging and identify features of TTE/ TEE for stroke patients
- Discuss pulmonary hypertension and management of right ventricular failure
- Explain medical and surgical management of aortic aneurysm
- Review guidelines on management of atrial fibrillation
- Describe treatment of coronary disease in a non-ischemic cardiomyopathy patient
- Review the use of GLP1 agonists in the cardiac patient
- Discuss dietary tools for weight management
- Interpret echo findings in diastolic dysfunction
- Review management of unstable heart failure patients and cardiogenic shock
- Identify best methods for treatment of ventricular arrhythmias

ACCREDITATION



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Other Health Care Provider: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

COURSE DIRECTORS

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IOWA CARDIOVASCULAR SUMMIT



THURSDAY, OCTOBER 8, 2026 | 1 - 5 PM

12:30 - 1:00 PM **Registration**

1:00 - 1:05 PM **Opening Remarks**

Session 1: *Atrial Fibrillation in a Vasculopath with Diastolic Dysfunction, Pulmonary Hypertension and Right Ventricular Failure*
Moderator: Paari Dominic, MD

1:05 - 1:25 PM **Treatment of Coronary Artery Disease in Patients with Previously Existing Nonischemic Cardiomyopathy**
Ahmad Arham, MD

1:25 - 1:45 PM **Management of Aortic Aneurysm**
Arun Singhal, MD, PhD

1:45 - 2:05 PM **Management of Atrial Fibrillation, Anticoagulation, Considerations, and Left Atrial Appendage Closure**
Peter Farjo, MD, MS

2:05 - 2:25 PM **Echocardiographic Assessment of Diastolic Dysfunction**
Nagalakshmi Nagarajan, MD

2:25 - 2:45 PM **Pulmonary Hypertension, Right Ventricular Failure and Management**
Linda Cadaret, MD

2:45 - 3:00 PM **Q & A**

Session 2: *Cryptogenic Stroke in Young Patient with Patent Foramen Ovale*
Moderator: Jason Allen, MD

3:00 - 3:20 PM **State-of-the-art Management of Cryptogenic Stroke**
Amir Shaban, MD

3:20 - 3:40 PM **Patent Foremon Ovale Closure in Stroke Patients: Who, When and How?**
Jason Allen, MD

3:40 - 4:00 PM **Imaging Work Up with Cryptogenic Stroke**
Kimberly Staffey, MD

4:00 - 4:20 PM **EP Workup of Cryptogenic Stroke**
Ashraf Alzahrani, MB, BCh

4:20 - 4:40 PM **Minimally Invasive Closure of Atrial Septal Defect**
Mohammad Bashir, MD

4:40 - 5:00 PM **Q & A**

5:00 - 5:30 PM **CME Adjourns/Break**

5:30 - 6:15 PM **Appetizers and Drinks @ Wilder (210 S Dubuque St, Iowa City)**

6:15 - 7:45 PM **Heart Dissection sponsored by Boston Scientific (Non-accredited)**

IOWA CARDIOVASCULAR SUMMIT



FRIDAY, OCTOBER 9, 2026 | 8 AM - 5 PM

7:30 - 8:00 AM Registration & Continental Breakfast

8:00 - 8:05 AM Opening Remarks

Session 1: *Escalation and Multidisciplinary Management in Advanced Heart Failure*
Moderator: Adnan Al-Ayoubi, MD, PhD

8:05 - 8:25 AM **When GDMT is Not Enough**
Ily Kristine Yumul-Non, MD

8:25 - 8:45 AM **Valvular Issues in Heart Failure: Is There a Role for Transcatheter Intervention?**
Phillip A. Horwitz, MD

8:45 - 9:05 AM **Heart Failure Device Management: Cardiac Resynchronization Therapy and Cardiac Contractility Modulation**
Denice Hodgson-Zingman, MD

9:05 - 9:25 AM **Palliative Care in Advanced Heart Failure**
Jennifer Becker, DNP

9:25 - 9:45 AM **Surgical Strategies in Advanced Heart Failure**
Adnan Al Ayoubi, MD, PhD

9:45 - 9:55 AM Q & A

9:55 - 10:05 AM Break

Session 2: *Cardiac Amyloidosis*
Moderator: KellyAnn Light-McGroary, MD

10:05 - 10:25 AM **Transthyretin Amyloidosis Amyloid: A Heart Failure Perspective**
Katie Halbmaier, DNP, ARNP, FNP-BC

10:25 - 10:45 AM **AL Amyloid/M GUS: A Heme/Onc Perspective**
Hira Shaikh, MBBS

10:45 - 11:05 AM **Unique Challenges in Timely Afib Management in Patients with Cardiac Amyloidosis**
Zeba Hashmath, MD

11:05 - 11:25 AM **The Genetics of Amyloidosis**
Gabe Kringlen, MS, LGC and Margaret Freese, MS, LGC

11:25 - 11:45 AM **ATTR Treatments: Overview and Impact on Outcomes**
Jilene Haas, PharmD

11:45 - 12:00 PM Q & A

12:00 - 1:00 PM Lunch

IOWA CARDIOVASCULAR SUMMIT



FRIDAY, OCTOBER 9, 2026 | 8 AM - 5 PM

Session 3: *GLP1 Agonists for Cardiologists* Moderator: Elizabeth Hinders, DNP, ARNP

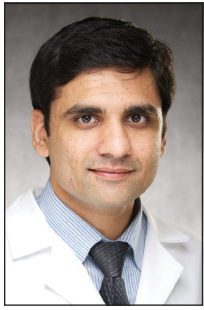
- 1:00 - 1:20 PM** **Review of Pharmacodynamic Differences Between GLP1 and GIP Agonists**
Laura Czerniak, PharmD, BCCP
- 1:20 - 1:40 PM** **Brief Literature Review of Cardiovascular Benefit of GLP1 Agonists in ASCVD, HF, OSA, Atrial Fibrillation**
Mehul Adhaduk, MBBS
- 1:40 - 2:00 PM** **Where do GLP1 Agonists Fit in Treatment Algorithm for Weight Loss?**
Leon Jons, MD
- 2:00 - 2:20 PM** **How to Monitor GLP1 Agonists in Cardiovascular Disease Patients**
Katherine White, MD, MME
- 2:20 - 2:40 PM** **Dietary Tools and Tips for Weight Management**
Annie Buck, RD, LD
- 2:40 - 2:55 PM** **Q & A**
- 2:55 - 3:05 PM** **Break**

Session 4: *Cardiogenic Shock and Electrical Storm: A Vicious Cycle* Moderator: Suzanne Hennings, ARNP, MSN

- 3:05 - 3:25 PM** **Management of an Unstable Heart Failure Patient with Cardiac Arrhythmias in the ICU**
Nicholas Arnold, MD
- 3:25 - 3:45 PM** **Supporting a Hemodynamically Unstable Heart Failure Patient – What Are the Determinants of Success?**
Adnan Al Ayoubi, MD, PhD
- 3:45 - 4:05 PM** **Ablation of Ventricular Tachycardia and Electrical Storm**
Paari Dominic, MD
- 4:05 - 4:25 PM** **Role of Anesthesia in the Management of CT**
Ahmed Salim, MD, MBBS
- 4:25 - 4:45 PM** **Is an Electrical Storm an Indicator for Advanced Heart Failure Therapies?**
KellyAnn Light-McGroary, MD
- 4:45 - 5:00 PM** **Q & A**
- 5:00 PM** **Conference Adjourns**

PRESENTERS

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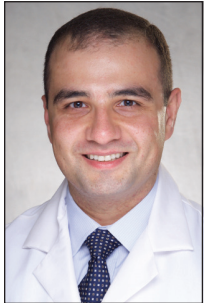
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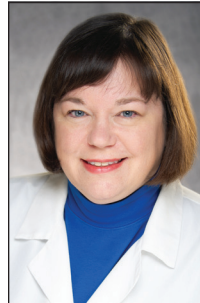
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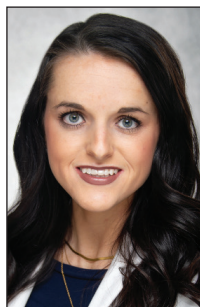
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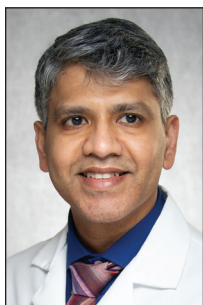
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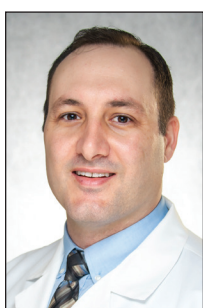
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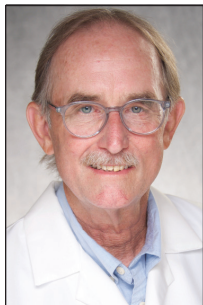
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UNIVERSITY OF IOWA
HEART AND
VASCULAR CENTER

University of Iowa Health Care

FRIDAY EVENING EVENT

October 8, 2026

Wilder Restaurant
Graduate Hotel
210 South Dubuque Street
Iowa City



5:30 PM

Appetizers and Drinks

6:15 – 7:45 PM

Heart Dissection
(non-accredited)

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